

# Student Life Teams



ROYAL  
HOLLOWAY  
UNIVERSITY  
OF LONDON

Wellbeing Support

Counselling & Mental Health

Active Lifestyle & Sport

Hall Life

International Advice

Disability & Neurodiversity

Multifaith Chaplaincy

Financial Wellbeing

To contact Wellbeing Support, email [wellbeing@royalholloway.ac.uk](mailto:wellbeing@royalholloway.ac.uk) or view the 'Student Support' sections on the Royal Holloway app/website for other Student Life teams

# Wellbeing Support



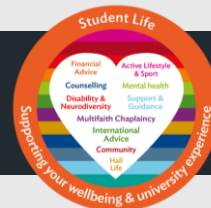
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Wellbeing Support is our triage team who can help with a range of wellbeing issues and offer advice on maintaining a balanced lifestyle and making the most of your university experience. They can also signpost to a more appropriate specialist service. Within the team are our Harassment & Wellbeing Advisers who have a focus on supporting students with concerns about harassment and violence. The team also lead on support for students living in the local community.

Contact us via [wellbeing@rhul.ac.uk](mailto:wellbeing@rhul.ac.uk) for an appointment or advice

# COUNSELLING & MENTAL HEALTH

Directorate of Student Life



ROYAL HOLLOWAY UNIVERSITY OF LONDON

To register with  
Counselling



To register with Mental  
Health



The Counselling & Mental Health office  
is now located in Founder's East 125