

**TIPS FOR WORKING FROM HOME**

[**RHUL ‘Working Well Remotely Hub’**](https://intranet.royalholloway.ac.uk/staff/your-employment/human-resources/working-well-remotely.aspx)

RHUL, April 2020

[**Six Tips on Working from Home - and one of them is actually good**](http://fundermental.blogspot.com/2020/04/six-tips-on-working-from-home-and-one.html?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+ResearchFundermentals+%28Research+Fundermentals%29)

Fundermentals, 03 April 2020

[**Looking after your mental health while working during the Coronavirus outbreak**](https://www.mentalhealth.org.uk/publications/looking-after-your-mental-health-during-coronavirus-outbreak/while-working)

Mental Health Foundation, 02 April 2020

[**Mental health and wellbeing – staying sane when working remotely**](https://www.vitae.ac.uk/news/vitae-blog/mental-health-and-wellbeing-staying-sane-when-working-remotely)

Vitae, 23 March 2020

[**Five Ways to Wellbeing when working from home**](https://wonkhe.com/blogs/five-ways-to-wellbeing-when-working-from-home/)

Whonke, 23 March 2020

[**Coronavirus: Five ways to work well from home**](https://www.bbc.co.uk/news/business-51868894)

BBC, 17 March 2020

[**Five tips for working from home**](https://online.hbs.edu/blog/post/working-from-home-tips)

Harvard Business School, 12 March 2020