<table>
<thead>
<tr>
<th></th>
<th><strong>Breakfast</strong></th>
<th><strong>Lunch</strong></th>
</tr>
</thead>
</table>
| **Served Monday to Friday** | *Bacon ciabatta*  
*Cumberland sausage ciabatta*  
*Greek breakfast omelette*  
*Baked beans on wholemeal toast*  
*Scrambled eggs on wholemeal toast*  
*Breakfast quesadilla (vg)*  
*Oven baked hash browns*  
*Baked beans*  
*Porridge (gf)*  
*Croissant*  
*Quinoa spelt croissant*  
*Pain au chocolat*  
*Double chocolate muffin*  
*Blueberry flowerpot muffin*  
*Cereal with milk*  
*White, wholemeal or GF toast and butter*  
*Fruit salad*  
*Fruit selection*  
*Greek style yoghurt with mixed berry compot* | *Meat dishes*  
*Greek lamb pitta with tzatziki and feta*  
*Chicken kebab with salad and dressing*  
*Southern spiced chicken with chipotle mayo*  
*Naked chicken burger with chipotle mayo*  
*Club sandwich on white or wholemeal*  
*Crispy chicken fillets with BBQ sauce*  
*Vegetarian/vegan dishes*  
*Falafel kebab (v)*  
*Vegan Mac burger (vg)*  
*Naked vegan Mac burger (vg)*  
*BLT (vg)*  
*Italian vegetable and bean soup with roll (vg)*  
*Salads*  
*Chicken Caesar salad*  
*Salmon Caesar salad*  
*Caesar salad (vg)*  
*Greek salad (v)*  
*Greek salad with MSC salmon or chicken*  
*Sundried tomato, lentil and rocket salad (vg)*  
*Sundried tomato, lentil, chicken & rocket salad*  
*Sides*  
*Chips, curly fries, baked sweet potato wedges*  
*Corn on the cob with coriander and chilli* |