Soup, burgers, sandwiches, wok boxes and salads available every day at lunchtime.

### Week 3

**Weeks beginning 27/01, 17/02 and 09/03**

<table>
<thead>
<tr>
<th>Day</th>
<th>Dinner</th>
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| **Monday** | Chicken parmigiana  
|           | Spaghetti sauce & meatballs  
|           | Roasted vegetable risotto EW  
|           | Tortellini formaggio with tomato and basil |
| **Tuesday** | Beef stroganoff  
|           | Mushroom stroganoff EW  
|           | Hot dog bar  
|           | Spicy jacket potatoes |
| **Wednesday** | Chicken Chasseur  
|           | Mustard and ale gammon  
|           | Feta stuffed butternut squash EW  
|           | Vegan quinoa stuffed peppers |
| **Thursday** | Macaroni with leeks & bacon  
|           | Macaroni cheese  
|           | Grilled butterfly chicken EW  
|           | Rosemary and red onion sausages |
| **Friday** | Battered cod  
|           | Cheese & onion pasty  
|           | Chicken fajitas  
|           | Vegan mushroom fajitas EW |
| **Saturday** | Tofu stir fry EW  
|           | Sweet and sour pork  
|           | Chicken in black bean sauce  
|           | Vegetable chow mein |
| **Sunday** | Lemon & thyme butter basted chicken EW  
|           | Pork chop & mushroom sauce  
|           | Root vegetable hotpot  
|           | Chickpea & butternut squash stew |
| **Soups (available daily)** | Tomato and basil  
|           | Lentil  
|           | Carrot and coriander  
|           | Leek and potato  
|           | Thai chicken |

EW = Eat Well. Look out for the Eat Well logo next to the healthy choice dishes each day. Menu may be subject to change