### Week 3: Weeks beginning 15/7, 5/8, 26/8 and 16/9

**Lunch (12 - 2pm)**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>Choice of egg or rice noodles</td>
<td>Niçoise salad</td>
<td>Minute steak with grilled tomato and mushrooms</td>
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<tr>
<td>Shredded duck</td>
<td>Waldorf salad</td>
<td>Cajun pork loin steaks</td>
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<tr>
<td>Flaked hot roast salmon</td>
<td>Grilled seabass fillet</td>
<td>spinach and chickpea sliders on brioche roll</td>
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<tr>
<td>Marinated tofu</td>
<td>Grilled chicken</td>
<td>jacket wedges</td>
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<tr>
<td>Lemon and thyme roasted chicken breast</td>
<td>Breaded brie</td>
<td>mixed salad</td>
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</tbody>
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**Wednesday**

**BBQ on the balcony (weather permitting)**

- Minute steak with grilled tomato and mushrooms
- Cajun pork loin steaks
- Spinach and chickpea sliders on brioche roll
- Jacket wedges
- Mixed salad

**Thursday**

- Bourbon glazed turkey breast & Yorkshire pudding
- Citrus roasted fillet of salmon
- Feta, butternut and harissa parcel
- Rustic summer vegetables
- Sweet potato mash

**Friday**

- Beer battered cod fillet
- Grilled fish of the day on potato rosti
- Goat's cheese and summer vegetable tart
- Mushy peas and chips
- Tossed salad

Plus soup of the day, homemade bread, fruit bar, sandwiches and desserts.

Menu may be subject to change.