<table>
<thead>
<tr>
<th>Day</th>
<th>Lunch (12 - 2pm)</th>
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| Monday   | Tomato and basil soup  
Lamb and vegetable casserole  
Root vegetable and lentil casserole  
Tortellini formaggio with tomato and basil |
| Tuesday  | Broccoli and stilton soup  
Grilled salmon with avocado salsa  
Stuffed portabello mushroom  
Vegan moussaka |
| Wednesday| Pea and watercress soup  
Caribbean marinated chicken with mango  
Jerk sweet potato and black bean curry  
Caribbean scented tuna with spiced salsa |
| Thursday | Carrot and coriander soup  
Roast loin of pork with apple and sage stuffing  
Nut roast  
Fillet of salmon en croûte |
| Friday   | Cream of vegetable soup  
Lemonade battered cod  
Butternut, sage and hazelnut quiche  
Shepherdess pie |

Plus soup accompaniments, sandwiches, salad bowls, fruit bar, drinks and hot and cold desserts. Menu may be subject to change.