Self-isolation meal box

Core box
Toilet roll
Small hand sanitiser
Fruit (2 pieces)
Bottled water (x2)
Soft drink
Chocolate bar
Cereal / wholefood bar
Coffee sachets x 4
Tea bags x 4
Milk jiggers x 8 (soya milk is available on request)
Packet of crisps

Select 1 item from the following:
- Double chocolate muffin (v)
- All butter croissant and jam portion (v)
- Plain vegan croissant and jam portion (vg)

Select 2 items from the following:
- Lasagne verdi
- Vegetable lasagne verdi (v)
- Vegan lasagne (vg)
- Cauliflower and red pepper curry with rice (vg)
- Chicken tikka masala with rice
- Smokey bean and pepper burrito (v)
- Chicken burrito
- Black bean jambalaya (v)
- Mezze salad (v)
- Roast chicken and herby lentil salad
- Chicken Caesar wrap
- Houmous and falafel wrap (v)
- Hoisin chick’n wrap (vg)

v – suitable for vegetarians   vg – suitable for vegans