



Condensation in your home

During the winter months when the weather gets colder you may notice condensation starting to appear in your bedroom or bathroom. The first signs of condensation are tiny droplets of water on colder surfaces such as windows, ceilings and mirrors. It can also appear as a cloud of little black dots.

There are four main factors that cause condensation:

- ◆ Too much moisture being produced indoors.
- ◆ Not enough ventilation.
- ◆ Cold surfaces.
- ◆ The temperature inside your home.



Here are some suggestions on how to reduce condensation & avoid mould developing...

- ◆ Keep your bedroom window open for a little while when you get up each morning to allow fresh air in.
- ◆ Dry all windows and window sills in the morning, as well as any damp surfaces & walls.
- ◆ You may find that having your heating on a constant low heat is better than having it frequently alter between hot and cold.
- ◆ Avoid drying clothing in your room - instead use a tumble dryer in the laundry.
- ◆ After showering, open the nearest window to allow the steam to ventilate. In the colder months even leaving the window open for just 20 mins really helps. Remember to keep your en suite door closed whilst showering and afterwards until steam has subsided (this is also to prevent the fire alarm being activated).
- ◆ Clean your shower cubicle area weekly to remove material that will encourage mould growth.
- ◆ If you have a fan in your bathroom and you feel it may not be working properly please report this to your Customer Service Reception.
- ◆ When cooking in the kitchen, switch on the extractor fan. Not only does this help with cooking smells but can help to remove some of the moist air. You could also open the window.
- ◆ When using pots and pans on the hob/stove use lids where possible to avoid creating too much steam in the kitchen. When the water is boiling turn it down to a simmer.
- ◆ Regularly check for gaps around your window frame for any cracks or damage as this can allow moisture to enter your home and cause further problems.

These simple suggestions can help reduce the amount of condensation. Black mould, as a result of condensation can be difficult to remove. If you are unable to control black mould build up in your bedroom, bathroom or kitchen please report this to your Customer Service Reception without delay. It may be that there is a structural cause which needs to be investigated; however we do ask our residents to make every effort to control condensation and mould from developing by following the above steps.