Our top 5 tips for Christmas break ...

KEEP IN TOUCH

1 Keep in touch with friends and family regularly and don’t forget to join our Hall Life Virtual Common Room to keep in touch with one another and to get involved with our virtual activity programme.

MAKE A BUCKET LIST

3 Think positive and look ahead to sunnier days by making a bucket list. Rather than wallowing in your pyjamas for the fifth day in a row (we’ve all been there) change your outlook and reflect on all of the things you’ll be able to do once lockdown restrictions are lifted. Looking to travel more?

Download our world map and get thinking where you would like to jet off to!

UPDATE YOUR CV

4 Before lockdown, even back in March, the idea of updating your CV, cover letter or LinkedIn profile might not have been very high up on your priority list. Rather than putting it off any longer, why not give all of your professional documents and accounts a total makeover? Use this present period to work towards an even brighter future.

Download our top tips from our Careers team for your CV.

SET GOALS

2 Productivity is about progress - it’s about breaking our long-term goals down into daily action so that we can grow and develop. Yes, we’re set to have a bit more free time on our hands at the moment but that doesn’t mean having to spend every second of the day rushing about in a bid to get everything done. Instead, by setting regular daily or weekly goals we can prioritise what’s really important without feeling overwhelmed or overstretched. Depending on what you’re looking to accomplish, there’s a range of goal-planning journals and notebooks covering everything from cleaning, exercise and diet to education and life goals.

Download our calendar to help you get started.

YOUR HALL LIFE TEAM

5 Download the Living in Hall Guide to keep up to date with all our virtual events whether you live in Halls or have gone home for Christmas. It also has links to our social media pages and activity templates to help support the above!

For FAQs about living at university this Christmas, click here

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