

## The Student Futures Manifesto

The Student Futures Manifesto outlines our six commitments to you, which the College and Students' Union created together:

- We are committed to helping you get ready for the start of university life we know it can be daunting, so this is the key information and links to help you get started
- We are committed to helping you navigate the year successfully and become part of our university community
- We are committed to keeping you well physically, emotionally, mentally, and culturally so you can make the most of student life
- We are committed to ensuring you get the most from your learning and are prepared for assessments
- We are committed to getting you ready for life after your Degree.

Discover more about the information and support under each of the commitments.

## Get ready for student life

We are committed to helping you get ready for the start of university life – we know it can be daunting, so this is the key information and links to help you get started

These are the steps to ensure you have completed:

- Enrolment
- <u>Fees</u> and overcoming <u>financial difficulties</u>
- Visas
- Study preparation.

Finding answers can be easy – help us get back to you quickly by emailing just one address – if is not the right one, we will make sure it gets to the right person. Here are your key email addresses.

Become familiar with your <u>school contact information</u> and <u>web pages</u> which will get you off to a good start.

You're also a member of the <u>Students' Union</u>, an organisation which champions your interests and ensures your voice is heard, as well as providing amazing <u>venues and events</u>.

# Join the College community

We are committed to helping you navigate the year successfully and become part of our university community

Finding out what happens, when it happens and where you need to be will make things easier from day one – your teaching timetable and campus map will be useful and understand how we measure attendance and engagement.

Being part of a <u>community</u>, whether you <u>live on</u> or <u>off campus</u>, brings with it new experiences and responsibilities.

Student life at Royal Holloway is inclusive – we live the principles of equality that were so important to our founders, Thomas Holloway and Elisabeth Jesser Reid. We support our community and we respect each other and we are here for you.

And we are all starting with at least one thing in common – the Big Read a giant book group and you're part of it!

Remember, there is someone, with a name, who you can turn to – your personal tutor... and they will be in touch with you. Contact your school office if you're struggling to make contact.

### Support for your mental health and wellbeing

We are committed to keeping you well physically, emotionally, mentally and culturally so you can make the most of student life

We provide a full range of wellbeing services and you will find all the details <u>here</u> – tell us as soon as possible if there are ways we can <u>support you</u>.

We also offer a variety of <u>proactive sessions</u> and <u>online resources</u> that will support you.

Our <u>campus</u> is a great place to find space as part of supporting your wellbeing.

If ever you need help in an emergency this is <u>what you need to do</u>, and when to do it, and if you are worried about a friend, here's the <u>quidance</u>.

We need you to work with us, to ensure that we can give you the support you need and <u>tell us if you have any</u> <u>concerns</u> – we make sure they are resolved quickly and fairly.

## Get the most from your learning

We are committed to ensuring you get the most from your learning and are prepared for assessments

We appreciate that there is a lot to get used to, so here are the most important things you need to check out that will help you be ready for the start of the academic year:

- Take some time to review the <u>study pages</u> and <u>Student Handbooks</u>
- We assess in a variety of ways and all departments will give you feedback. Understand what you need to do for assessments, extensions and extenuating circumstances
- Access <u>digital resources</u> and find your way around our <u>libraries</u>
- Talk to your <u>peers</u> Academic Reps are students who represent your academic interests by passing on feedback to lecturers and working with them to improve your education
- Complete your work, ensuring <u>academic integrity</u> there is plenty of help to answer your Academic Conduct <u>questions</u>
- Find out what you can do to succeed in your studies with CeDAS Skills Gateway

• Refer to our <u>quick guide to online learning</u> to discover how to access your modules on Moodle, participate in a Teams meeting as well as advice on communicating effectively and appropriately online.

### Building towards your future career

#### We are committed to getting you ready for life after your Degree

- Developing your <u>CVstac</u> this helps translate the skills you gain in and outside your course into evidence statements for job applications
- Find an experience you might have the option to take a year out to study abroad or work, and there are many shorter experiences such as working on campus, placements and volunteering, so look at the <u>opportunities</u>
- Meet with our qualified Careers professionals, network with employers and access our part time work and internships board pages to get in-depth <u>help</u>
- As a graduate you will be part of a lifelong alumni community with access to support, mentoring
  opportunities, alumni events and more. Find out more about what it means to be Royal Holloway
  alumni here.

#### **Quick Links**

Shortcuts to information on services and support

- Assessments and results
- <u>Careers</u> advice, opportunities and events
- <u>Disability and Neurodiversity</u> Support with a disability
- **Get Help** in an emergency
- <u>International advice</u> Support for international students
- <u>IT</u> Help and support
- <u>Library</u>
- **Living on Campus** Hall Life
- RH Be Heard Report your concern, resolve your complaint, challenge misconduct

- Student Services Centre
- Students' Union
- Study abroad opportunities
- **Studying** at Royal Holloway
- <u>Cost of living</u> supporting you with the cost of living
- The Skills Gateway Centre for the Development of Academic Skills (CeDAS)
- <u>Wellbeing</u> Support & Guidance
- Worried about a friend?

