

Founder's Lunch Week A Menu Autumn 2024 - w/c 18/11/24 and 2/12/24

Menu Course	Monday	Tuesday	Wednesday	Friday
Soup Station	Tomato and Basil Soup Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion	Sweetcorn Chowder Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion	Broccoli and Stilton Soup Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion	Spicy Lentil Soup Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion
Gyros or Burger Bar	Chicken Gyros (halal) Falafel Gyros Halloumi Gyros	Burger bar: beef, chicken, vegetarian and vegan	Chicken Gyros (halal) Falafel Gyros Halloumi Gyros	Battered MSC fillet of cod Cheese and onion pasty Garden Peas Mushy peas
Bowl Food	Chinese counter Sweet and sour chicken (halal) Tofu and mushroom bulgogi Chilli and basil fried rice Chinese noodles Chinese leaf with garlic and soy sauce Sesame roast carrots Mini spring rolls with sweet chilli sauce Prawn crackers	Indian counter Nut free chicken korma (halal) Butternut and chickpea curry Mini vegetable samosas Brown and White Rice Onion bhaji Naan bread Curried roasted vegetables Garlic spinach Bombay potatoes	Mexican counter Mexican beef burrito Mexican chicken burrito (halal) Mexican bean burrito Mexicorn Tortilla chips Stuffed jalapenos Homemade sweet potato wedges Chips	Italian counter Pesto marinated chicken (halal) Bolognese Sauce Vegan meatballs in tomato sauce Wholemeal penne Spaghetti Spicy wedges Garlic bread Mozzarella sticks Homemade Margherita pizza Homemade Meat feast pizza
Salads	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Cold Dessert	Strawberry cheesecake	Red Cherry and Meringue cheesecake	Strawberry cheesecake	Strawberry cheesecake



Whenever you see the Everyday Value logo you can be sure you are receiving the best value for money on campus.



Look out for the Eat Well logo for the healthiest menu choices.