

Founder's Lunch Week B Menu Autumn 2024 w/c 11/11, 25/11 and 9/12/24													
Menu Course			Monday			Tuesday		Wednesday			Thursday		Friday
Soup Station		Everyday	Roasted Mushroom Soup		Everyday	Cream of Tomato Soup	Everyday	Leek and Potato Soup		Everyday	Carrot & Coriander Soup	Everyday	Vegetable Soup
	EAT WELL	Value	Bread Roll Selection	EAT WELL	Value	Bread Roll Selection EAT WEL	Value	Bread Roll Selection	EAT WELL	Value	Bread Roll Selection	Value	Bread Roll Selection
			Salad/Soup Toppings			Salad/Soup Toppings		Salad/Soup Toppings			Salad/Soup Toppings		Salad/Soup Toppings
			Butter Portion			Butter Portion		Butter Portion			Butter Portion		Butter Portion
			Flora Portion			Flora Portion		Flora Portion			Flora Portion		Flora Portion
Gyros Bar / Burger Bar		EAT WELL	Chicken Gyros (halal)	Everyday Ualue		Burger bar: Beef, Chicken, Vegtarian and	EAT WELL	Chicken Gyros (halal)		Everyday Value	Burger bar: Beef, Chicken, Vegetarian and Vegan	MSC Battered fillet of cod	
			Falafel Gyros			Vegan		Falafel Gyros				Vegan sausage roll	
			Halloumi Gyros			Beer battered onion rings Chips		Halloumi Gyros			Beer battered onion rings Chips		Chips Garden peas
owl Food			Bowl Food			Bowl Food		Bowl Food			Bowl Food		Mushy peas Bowl Food
International Bar			Chinese Black Bean Chicken (halal) Beef Bulgogi			Indian Chicken tikka masala (halal)		<b>Mexican</b> Chilli con carne			Italian Meatballs in tomato sauces		<b>Japanese</b> Katsu Chicken Fillets (halal)
			Sweet and sour tofu			Nut free vegetable korma		Fajita chicken (halal)			Creamy Garlic Chicken (halal)		Beef in Oyster sauce
			Sweet and soon toro		Brown and White Rice		Vegetable Chilli			Spaghetti		Katsu Portabello Mushroom	
			Brown and White Rice			Bombay Potatoes		Mexican Spicy Rice			Wholemeal Penne	Brown and white rice Chinese noodles	
			Chinese Noodles			Spinach		Mexican Sauces			Italian Roasted Vegetables	n Roasted Vegetables	Roast pepper and onions
			Wholemeal Penne			Curried Roasted Vegetables		Homemade Jacket Wedges		Home-made Margherita Pizza		Glazed lemon carrots	
			Baby Corn with Mange Tou	t				with Sour Cream Mexicorn			Home-made Meat Feast Pizza		
			Sesame Roast Carrots			Naan Bread Onion Bhaji Mini Vegetable Samosas		Stuffed Jalapenos			Spicy Wedges Garlic Bread Mozzarella Sticks		
alads			Salad Bar			o Salad Bar		Salad Bar			Salad Bar		Salad Bar
old Dessert		EAT WELL	Nutella Cheesecake	EAT V	VELL	Pear and Almond Cheesecake	EAT WELL	Nutella Cheesecake		EAT WELL		AT WELL	Nutella Cheesecake



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