



The Hub Lunch Week 1 Menu Autumn 2024 - w/c 23/9, 14/10, 4/11 and 25/11/24

Menu Course	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup Station</b>	 Cream of Broccoli Soup Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion	Italian Bean Soup Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion	Carrot & Coriander Soup Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion	Black Bean Yum Tum Soup Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion Chicken Tortilla Wrap (halal)	Ginger and Turmeric Spiced Carrot Soup Bread Roll Selection Salad/Soup Toppings Butter Portion Flora Portion
<b>Streetfood</b>	Loaded Waffle Fries  Vegetarian Loaded Waffle Fries	Lebanese Chicken Khobez (halal)  Lebanese Falafel Khobez Lebanese Halloumi Khobez	Beef Burger with Cheese and Accompaniments  Chicken Burger with Cheese and Accompaniments Vegetarian Burger with Cheese and Accompaniments Vegan Burger with Cheese and Accompaniments Beer Battered Onion Rings  Chips	Battered Cod Goujons  Beetroot Falafel  Thin Cut Fries	Beef Burger with Cheese and Accompaniments  Chicken Burger with Cheese and Accompaniments Vegetarian Burger with Cheese and Accompaniments Vegan Burger with Cheese and Accompaniments Beer Battered Onion Rings  Chips
<b>International Food Counter</b>	Sri Lankan Devilled Chicken Wrap (halal)   Sri Lankan Masal Dosai with Lentil Soup Sri Lankan Kottu Roti Sri Lankan Chicken Kottu (halal)  Sri Lankan Mutton Kottu Sri Lankan Cheese Kottu  Sri Lankan Egg Roti with Curry Sauce Fries with Curry Sauce	Arepas Pabellon   Arepas Del Campo Colombian Style Hearty Rice Bowl with Beef Colombian Style Hearty Rice Bowl with Sweet Potato	Chicken Tikka Masala   Samosa Chaat with Chutney & Chaat Masala Idli Waffles with Sambar Steamed Basmati Rice  Roasted Cauliflower Sautéed Spinach	Manicotti with Tomato and Basil Sauce   Beef Ragu and Macaroni Cheese Bake Italian Roasted Vegetables Garlic Bread	MSC Battered Cod with Homemade Tartare Sauce Homemade Tartare Sauce   Battered Vegan Fish With Chips and Tartare Sauce Mushy Peas Baked Beans  Ultimate Fish Finger Sandwich
<b>Chicken Shack</b>	Rotisserie Chicken Kebab (halal) Rotisserie Chicken Kebab Bowl (halal)	Crispy Chicken Wings with Sweet Chilli Sauce (halal) Hoisin Chicken Wings (halal) Corn On The Cob with Coriander and Chilli Shaker Fries	Rotisserie Piri Piri 1/4 Chicken (halal) Rotisserie Piri Piri 1/2 Chicken (halal) Rotisserie Peri Peri Chicken (halal) Patatas Bravas Sautéed Garlic Spring Greens	Katsu Chicken (halal) Portobello Mushroom Katsu Sticky Rice Sautéed Broccoli with Chilli Sesame Roast Carrots	Rotisserie Persian 1/4 Chicken (halal) Rotisserie Persian 1/2 Chicken (halal) Rotisserie Persian Chicken (halal) Lemon and Coriander Scented Rice Roast Aubergine
<b>Wok Station</b>	Wok Stir Fries Ramen Noodle Pots - Chicken Ramen Noodle Pots - Tofu	Wok Stir Fries Ramen Noodle Pots - Chicken Ramen Noodle Pots - Tofu	Wok Stir Fries Ramen Noodle Pots - Chicken Ramen Noodle Pots - Tofu	Wok Stir Fries Ramen Noodle Pots - Chicken Ramen Noodle Pots - Tofu	Wok Stir Fries Ramen Noodle Pots - Chicken Ramen Noodle Pots - Tofu



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<b>Salads</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<b>Cold Dessert</b>	Banoffee Pie	Coconut Chocolate Mousse	Raspberry Cheesecake	Key Lime Pie	Mars Bar Cheesecake
	Lemon Drizzle Cake	Lemon Drizzle Cake	Lemon Drizzle Cake	Lemon Drizzle Cake	Lemon Drizzle Cake
	Yoghurt Muller Fruit Corner Mixed	Yoghurt Muller Fruit Corner Mixed	Yoghurt Muller Fruit Corner Mixed	Yoghurt Muller Fruit Corner Mixed	Yoghurt Muller Fruit Corner Mixed
<b>Fruit</b>	Banana	Banana	Banana	Banana	Banana
	Red Apples	Red Apples	Red Apples	Red Apples	Red Apples
	Green Apples	Green Apples	Green Apples	Green Apples	Green Apples
	Oranges	Oranges	Oranges	Oranges	Oranges



Whenever you see the Everyday Value logo you can be sure you are receiving the best value for money on campus.



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