RH100 Panel 1 Report

> **Date: Tuesday 03 December**
> **Panellist Attendance – 84.4%**
> **Departments in Attendance – Campus Engagement, Active Lifestyle and Sport, Students' Union, Student Advisory & Wellbeing**

Discussion Topic – Student Wellbeing Strategy

The RH100 panel discussed four themes related to student wellbeing (Learning, Living, Community and Support), creating a prioritised list of actions and suggesting areas of improvement.

Before group discussions began, panellists were asked questions related to wellbeing on Mentimeter *(see Appendix 1)*.

Group Activity: Discussions and Presentations

Panellists looking at 'Learning' focused on…

- The option to choose assessment type and a consideration of multiple, close deadlines
- Consistency in marking (both PhD and lecturer) and clearer expectations, with feedback delivered quicker and a transparent credits system
- Timetable clashes and packed deadlines (especially joint honours)
- An awareness of support, with better personal tutor relationships and translated webpages

Panellists looking at 'Living' focused on…

- Accommodation, with Hall Life activities promoted and 'Give it a Go' events for commuters, as well as greater support for commuting students
- A greater number of free, accessible social spaces, such as common rooms
- More affordable activities, with monthly gym membership options and cheaper social leagues, and variety in activity type, such as arts-based drop-in sessions
- Financial support, including a brochure with budgeting tips and cheap services (e.g. laundry)

Panellists looking at 'Community' focused on…

- Celebrating cultures with campus-wide events ('Culture Festival') and recipes
- An easier transition into university life, with a university insight online page, academic expectations communicated earlier and more international student events
- Flexible society and club memberships, and a compulsory Welfare Officer position
- A greener, more easily accessible campus

Panellists looking at 'Support' focused on…

- Family communications, with better signposting, email lists and contact with personal tutor
- External support networks, with links to local areas of worship and volunteering providers
- Improvements to health services, including links to security and better opening hours
- Personal tutor training to ensure consistent support across departments
- Greater support available, particularly for international students, with online wellbeing resources easily accessible

Appendix 1.

Pick three words that you associate with wellbeing.

84

Who in your day-to-day life supports your wellbeing?

84