



Statement on Responsible Alcohol Consumption

Ensuring the health, wellbeing and safety of our students is of primary concern to Royal Holloway, University of London (*hereafter 'the College'*) and Royal Holloway Students' Union. We are committed to supporting responsible alcohol consumption (for students who choose to drink), within on and off campus venues and social spaces; to establish a social norm of responsible behaviour; to change attitudes to excessive drinking and to provide educative resources and campaigns.

The Students' Union & College recognises that for some students, drinking socially in moderation can be an important part of student life, and has no wish to discourage this. However, both organisations are acutely aware that the consumption of excess alcohol may have a detrimental impact on students' mental and physical health, academic success, and can increase the risk of an individual becoming the victim or perpetrator of crime. The Students' Union and College are committed to ensuring that:

- ❖ Students can make informed choices about alcohol with advice on drinking responsibly readily available from a range of sources, including online, leaflets, posters, face-to-face guidance, events and campaigns.
- ❖ Responsible alcohol consumption is promoted and advertised across campus, with educational events, awareness campaigns and activities encouraging healthy lifestyles and wellbeing regularly featured throughout the academic year.
- ❖ Support is provided to students who find themselves in difficulties because of alcohol use, excess or binge drinking, and drink spiking with counselling, medical and wellbeing care offered where necessary.
- ❖ Campus is a safe environment for students to socialise with a variety of alcohol-free spaces available.
- ❖ They conform to legislation; alcohol should not be served to persons who are clearly intoxicated or to anyone less than 18 years of age.
- ❖ All student clubs, societies and academic departments / schools are aware of the dangers of students drinking alcohol to excess and will encourage them to make sure that all events are run supportively and do not encourage immoderate drinking or place undue emphasis on the consumption of alcohol.
- ❖ 'Pre-loading' and the aggressive retailing of alcohol off-campus are discouraged, with both the Students' Union and the College working with external agencies to counter these to promote the wellbeing of our students and the local community.
- ❖ Appropriate and proportionate steps are taken to respond to reports of behaviour which impacts the safety, comfort or wellbeing of students.

Alice Goode
*Vice President Wellbeing &
Diversity*
*Royal Holloway Students'
Union*

Helen Groenendaal
Head of Wellbeing
*Royal Holloway University of
London*

Abi Jesson and Max Ross
*Interim Chief Executive Officer
(Joint)*
Royal Holloway Students' Union