

Student Talented Athlete Recognition Scheme (STARS)

Guidance notes

The Student Talented Athlete Recognition Scheme (STARS) at Royal Holloway, provides wide-ranging active support to assist student elite and performance athletes in achieving their full potential during their time at the College, in their combined sports and academic performances. STARS is a partnership scheme. The support it offers aims to reflect the amount of time, effort, enthusiasm and dedication its awardees put into their training, performance and importantly, their contribution to STARS. This is an exciting time for sport at Royal Holloway, University of London. The College already boasts some excellent sport and recreational facilities, and these will be added to as the next phases of the Sports Facilities Strategy progress.

Since its launch in 1996, STARS has so far supported several Olympians and more than 100 athletes with world and national rankings, including five students that have recently competed at the Beijing Olympics in various disciplines.

Eligibility

A limited number of Sports Bursaries are offered to full-time undergraduate and postgraduate students who are either already attending the College, or who have applied for admission and been accepted onto a course.

Elite Level – Applicants must have an outstanding ability in a particular sport, being currently junior or senior international performers, or showing strong evidence of World Class potential. Applicants must make themselves available to represent Royal Holloway, University of London as part of the College teams or individually, where feasible.

Performance Level – Applicants for this bursary must be competing within one of the BUCS sports (www.bucs.org.uk) and be competing at a national standard. As bursaries are limited preference will be given to the priority performance sports, however all applications will be considered.

Benefits to STARS Students

The bursaries are of significant value, currently offering each Awardee:

- Financial support of up to £1,000 per year, dependent on level and sport
- Access to a Strength and Conditioning Coach, dependent on sport;
- Academic flexibility during competition periods, the Sports Development Executive will liaise between academic department, athlete and College authorities
- Discounted Sports Osteopath
- 10 free Sports Therapy sessions (Elite)
- Guaranteed College accommodation place throughout study periods with some flexibility over meal times etc to suit training commitments. (An online application for accommodation must be made within the deadline specified. Failure to do so may result in forfeiture of the offer of accommodation)
- Free access to on-campus sports facilities and fitness suite

- The College's Sports Clubs participate in both local and national competitions. This will give you the opportunities to compete in two main leagues: British Universities and Colleges Sport (BUCS), and University of London (ULU) leagues
- Special consideration regarding College campus parking permits (Elite)
- Competing for the College also provides an opportunity to be nominated for Full Colours, the highest sporting award the College can bestow

Our accessible, knowledgeable and helpful staff will also happily consider other suggestions and athlete-requirements to enhance our ever-developing STARS.

Commitment from STARS Students

Through a contract STARS Awardees will be expected to:

- Maintain or improve their performance at a high level in their sport
- Fulfil the requirements of their academic programme
- All Performance Athletes must represent Royal Holloway within the BUCS competition structure whether this is in an individual or team sport
- Elite Athletes are expected to compete for the College where possible
- Represent and promote the sporting profile of the College, particularly to existing and potential sponsors of the scheme, in any way seen fit by the College
- Agree to behave in a fashion fitting with a representative of the College, abiding by the College's Statutes Regulations and Rules
- Produce an annual report of their past year's sporting achievements, detailing any expenditure of bursary funding, to be taken into consideration regarding any renewal of the bursary
- Abide by the relevant rules and regulations of their appropriate National Governing body

Failure in any of these areas without good cause will result in termination of the bursary.

Closing Date

Students interested in applying for the 2012–13 bursary should complete their application form and forward it to the College Sports Development Executive by no later than 29 June 2012.

Further Information

Students interested in applying for STARS can also contact the Sports Development Executive:

Tel: 01784 414431

Email: sports@rhul.ac.uk

or visit: www.rhul.ac.uk/sports

Student Talented Athlete Recognition Scheme 2012–13 Application form



Please complete ALL parts of this application form, in BLOCK CAPITALS. **Applicants should note that they are to arrange for the testimonials to be sent as soon as possible, under separate cover** to the address shown at the end of this form.

A Personal details		
Title: Mr / Mrs / Miss / Ms / Other	Surname:	
First names (in full):	Date of birth:	Sex:
Address for correspondence (term-time):	Address for correspondence (non term-time):	
Telephone:	Telephone:	
Email:	Email:	
Mobile Tel:		
UCAS Personal ID or Royal Holloway student number: <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>		

B Course	
Course of Study:	
Department:	
Level of study:	<input type="checkbox"/> Undergraduate <input type="checkbox"/> Postgraduate <input type="checkbox"/> Other
Method of study:	<input type="checkbox"/> Full-time <input type="checkbox"/> Part-time
Year of Study:	Total Course Length (years):
Status:	<input type="checkbox"/> Current student (Year of) <input type="checkbox"/> Accepted onto course (not yet attending) <input type="checkbox"/> Awaiting result of application onto course <input type="checkbox"/> Not yet applied to Royal Holloway

C Course/Personal Tutor Details

Title: Mr / Mrs / Miss / Ms / Other	Surname:
First names (in full):	
Tel:	
Email:	

D Sporting Information

Which level of STARS are you applying for?	<input type="checkbox"/> Elite	<input type="checkbox"/> Performance
Sport:		
What level / standard / handicap (golf) are you currently competing at?		
Please provide us information of your weekly training programme?		
Name/s of any sport club/s you will continue to represent during your time at Royal Holloway:		
Do you currently follow a strength & conditioning programme?	<input type="checkbox"/> Yes	<input type="checkbox"/> No If yes please attach details.
Please provide a competition schedule for the coming academic year.	Please attach this information	

E Sporting Achievements

Please list sporting achievements, representative honours, and awards to date. Also describe your sporting ambitions for the future and list **5** sporting objectives for the coming year. Please continue onto a separate sheet if necessary (A Sports CV and other evidence may also be included with your application).

F Sporting miscellaneous

Please provide details of any clubs you are/have been a member of, coaching/officiating qualifications, additional interests, etc.

G Estimate of costs

Estimate of cost of your sport to you last year:	£
Do you currently receive any additional funding/sponsorship for your sport?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If YES, please provide the amount received and details of this funding	£

H Testimonials

All testimonials should be sent to the address at the end of this form, under separate cover. These references **MUST** be submitted before any awards can be granted.

Personal testimonial (character reference)	Sporting testimonial (sporting reference to confirm your performance at elite level)
Title:	Title:
Name:	Name:
Address:	Address:
Telephone:	Telephone:
Email:	Email:
Relationship to you:	Relationship to you:

I How did you originally hear of the scheme?

Signature of applicant:

Date:

Please return your completed application form to: Sports Development Executive, Sports Centre, Royal Holloway, University of London, Egham, Surrey, TW20 0EX (For assistance with this application form please telephone 01784 414 431)

Closing date for applications is **Friday, 29 June 2012**.

We will accept applications after this date but we cannot guarantee accommodation.