



Community Action Project
Spelthorne Disability Sports Club
Community Action Partner
Spelthorne Borough Council

Aim: To provide sport and leisure opportunities to young people aged 5 – 25 and their siblings. A number of activities are on offer each week and qualified coaches often provide coaching sessions as part of the club sessions. During the holidays additional activities such as water skiing and canoeing are arranged offsite.

Role: To support the young people in the activities they are participating in. This will be acting as a buddy and helping them to learn a skill under the supervision of a qualified coach or playing a game or activity with them. Other roles include signing in and taking money for the sessions. The ideal volunteer is someone who is reliable, friendly and willing to learn with an interest in sport/physical activity and keen to work with young people.

Training: The volunteers will receive no direct training before volunteering, although training opportunities such as safeguarding and first aid courses are available to volunteers through the club and coach development programme run through Active Surrey sports partnership. All volunteers will receive a brief induction at their first session. On their first visit they will work with a buddy for the morning to get to grips with the way the sessions work. Volunteers will always be supervised during the activities with an organiser to speak to about any problems or concerns.

Location: Spelthorne Leisure Centre, Knowle Green, Staines, TW18 1AJ

Times: Spelthorne Disability Sports Club runs on Saturday mornings from 10:15am-11.45am during school term time.

CRB: This project requires a CRB disclosure via the Community Partner.

Other: This project can reimburse travel expenses and has accessibility.

Application: All volunteers must be registered as Community Action volunteers. To do so, visit <http://www.rhul.ac.uk/services/volunteering/register.html>

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