

## Community Action Project BIZ (Boxing Inclusion Zone)



## Community Action Partner

Surrey Police & Runnymede Borough Council

**Aim:** This is a youth partnership project between Surrey Police and Runnymede Borough Council with the following aims.

- To reduce school exclusion.
- To reduce crime and anti-social behaviour.
- To increase fitness in the community.
- To promote community diversity.

The Biz recently won the prestigious High Sheriff Youth Awards 'Sports Project of the Year' Award 2011.

**Role:** Volunteers are needed in several roles including; non contact boxing coaches, general reception duties, general fundraising, and youth mentoring. Ideally they need motivated, committed volunteers who have drive and enthusiasm and enjoy helping kids, some of whom may have low self esteem. Volunteers would need to be willing to provide a minimum of one four hour shift per week at the BIZ. Ideally volunteers would be outgoing and confident with young people and adults alike. If volunteers have skills in the fitness industry then this would be valuable, but not essential.

**Training:** Volunteers will receive a full induction to their duties from the gym supervisor. In addition the BIZ will pay for volunteers to attend an initial Boxing Leaders course at a cost of £60 (paid by the BIZ). This is a recognised Amateur Boxing Association formal qualification. If volunteers show commitment to the club the BIZ will pay for further ABA national courses to enhance their skill set.

**Location:** Runnymede Centre, Addlestone.

**Times:** Members of the public can come to the BIZ to volunteer or use Gym at the following times: Mon to Fri 5pm to 9pm & Saturday 10am to noon. During school hours (9am to 2:45pm), the BIZ is used by the Lifetrain Trust to coach referred pupils under the project name CRISP.

**CRB:** An Enhanced CRB check is obtained by two routes: 1) as part of the Boxing Leader training from the Police Community Clubs of GB or 2) via Community Action for general volunteering.

**Other:** This opportunity will help develop interpersonal skills and raise confidence within a physical fitness arena. Volunteers can receive a formal boxing qualification.

**Application:** All volunteers must be registered as Community Action volunteers. To do so, visit <http://www.rhul.ac.uk/services/volunteering/register.html>

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