



## Community Action Project

Volunteer Lifeguards

## Community Action Partner

Old Windsor Lifeguards

**Aim:** Old Windsor Lifeguards are a voluntary lifesaving club. As well as teaching lifesaving, first aid and water safety skills, they provide voluntary water safety cover at a number of events in the local area, on the River Thames and at Dorney Lake, the 2012 Olympic rowing venue.

**Role:** They welcome new members to the club to come and learn to be a lifeguard, and to help out at the triathlons, rowing regattas and other events they volunteer at. They also welcome people to assist in teaching lifesaving, organising events, or contributing to the running of the club as a committee member.

**Training:** As a member of Old Windsor Lifeguards you will be able to gain Royal Life Saving Society (RLSS) awards and boat handling qualifications. They have a rolling programme of training, and members are assessed for the award when they are considered to be a competent lifesaver.

**Location:** Old Windsor (other side of Englefield Green).

**Times:** 7:30pm – 9:00pm, Tuesday – Thursday.

**CRB:** A CRB check may be required via the Community Partner.

**Application:** All volunteers must be registered as Community Action volunteers. To do so, visit <http://www.rhul.ac.uk/services/volunteering/register.html>

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