



Community Action Project

Spelthorne Challengers: Sports Club for Young People with Disabilities

Community Action Partner

Spelthorne Borough Council

Aim: Spelthorne Borough Council are developing a multi sports club for young people with disabilities in order to give the opportunity to participate in a range of sports. A 10 week programme is running during the autumn, offering a number of activities each week. They will obtain feedback from the youth to develop the club.

Role: To support the young people in the activities they are participating in. This will be acting as a buddy and helping them to learn a skill under the supervision of a qualified coach or playing a game or activity with them. Other roles include signing in and taking money for the sessions. The ideal volunteer is someone who is reliable, friendly and willing to learn with an interest in sport/physical activity and keen to work with young people.

Training: The volunteers will receive no direct training before volunteering, although training opportunities are available if requested. All volunteers will receive a brief induction at their first session. On their first visit they will work with a buddy for the morning to get to grips with the way the sessions work. Volunteers will always be supervised during the activities with an organiser to speak to about any problems or concerns.

Location: Spelthorne Leisure Centre, Knowle Green, Staines, TW18 1XB

Times: The Disability Sports Club will run on Saturday mornings from 10:15am-11.45am.

CRB: This project requires a CRB disclosure via the Community Partner.

Other: This project will reimburse travel expenses and has accessibility.

Application: All volunteers must be registered as Community Action volunteers. To do so, visit <http://www.rhul.ac.uk/services/volunteering/register.html>

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